

# Value Statements

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## FREEDOM

### *Value statement - 1*

To create a life of independence; financially, with my time & with my choices. To spend each day free, as I decide. To be me, always!



## LOVE

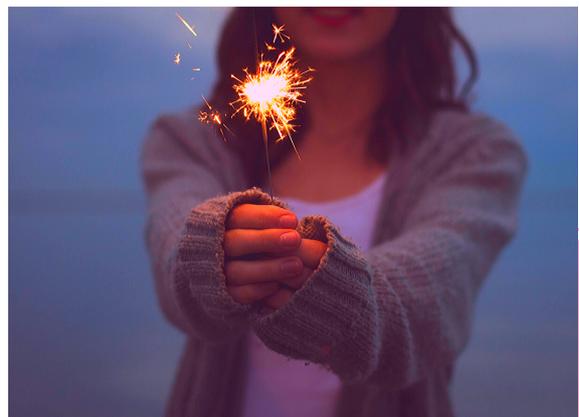
### *Value statement - 2*

To love and be there for my family always. To grow deep meaningful connections in my relationships and show up with kindness, empathy & love. To leave a legacy for my family to both support and inspire them in their futures.

## POTENTIAL

### *Value Statement - 3*

To continually grow, learn, create, be curious and passionate. To know my choices are powerful and act accordingly. To imagine, dream and create the life I want to live and become the best version of myself that I can become.



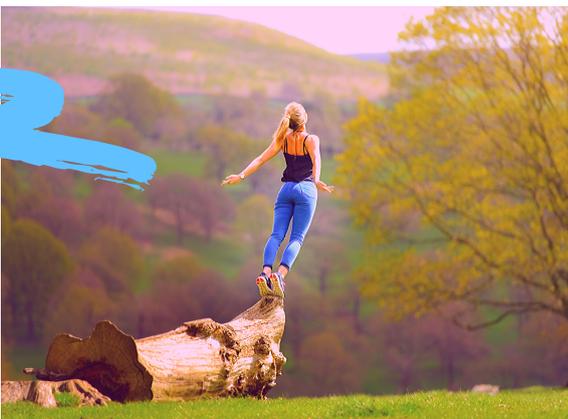
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## PURPOSE

### *Value statement - 4*

To always be in search of my purpose & how I can add value to the world. To find the meaning & reverence inherent in life & to be open to what life is trying to teach me. To build a life of wonder, contribution, service & contentment. To know that I am an individual with unique gifts but also ONE & part of the whole & to act accordingly.



## HEALTH

### *Value statement - 5*

To take care & nurture my vessel; body & soul. To nourish myself, be strong, be fit & to create energy. To know that I am what I eat and that this choice has many impacts. To be empathetic & kind toward myself as I would a friend and to surround myself with positivity where possible.

# Value Words



## **FREEDOM**

WEALTH  
CONTRIBUTION  
EMPOWER  
INSPIRING  
PASSION  
PROSPERITY

## **PURPOSE**

CONTENTMENT  
MEANING  
REVERENCE  
WONDER

## **POTENTIAL**

PASSION  
GROWTH  
CURIOSITY  
ADD VALUE  
ALWAYS -  
LEARNING  
CREATION  
IMAGINATION  
WISDOM

## **LOVE**

FAMILY  
LEGACY  
EMPATHY  
INSPIRING  
CONNECTION  
DEPENDABILITY

## **HEALTH**

NURTURE  
NOURISH  
SOUL  
ENERGY